This section provides you the opportunity to leave a biography about yourself to your children and future generations. While some information may be anecdotal, medical information could potentially be of use for grandchildren and great-grandchildren.

Expand on these sections as you wish. Additional ideas for inclusion:

* Photographs
* Family trees
* Audio recordings
* Video recordings
* Letters, birthday cards, etc. offering insight into the personalities and experiences of previous generations

Background

Your Name:

Date of Birth:

Place of Birth:

Mother’s Name:

Mother’s Place of Birth:

Father’s Name:

Father’s Place of Birth:

Personal

Where You Lived and When:

When Married:

How You Met Your Spouse:

Favorite Activities with Spouse:

Children:

Favorite Activities with Children:

Pets:

Medical Notes of Interest:

Education and Career

Education:

Languages Learned:

Careers held:

Professional Accomplishments:

Volunteer Accomplishments:

Useful Skills:

Arts

Favorite Books and Why:

Favorite Movies and Why:

Favorite Musicians:

Favorite Artists:

Favorite Crafts:

Musical Instruments Played:

Activities

Favorite Sports Teams:

Sports played:

Hobbies:

Collectables:

Experiences

Places of Interest Visited:

Advice on Love:

Advice on Friends:

Advice on Happiness:

Advice on Careers:

Lessons Learned in Life:

Miscellaneous

Favorite Historical Figures and Why:

Important Political Issues and Views:

Previous Generations

Provide first-hand insight into family members future generations did not or will not have the opportunity to know.

Name:

Place of birth:

Dates lived:

Spouse:

Children:

Education:

Occupation:

Interesting notes:

Medical notes:

Name:

Place of birth:

Dates lived:

Spouse:

Children:

Education:

Occupation:

Interesting notes:

Medical notes:

Name:

Place of birth:

Dates lived:

Spouse:

Children:

Education:

Occupation:

Interesting notes:

Medical notes: